

## FITZPATRICK SKIN TYPE ASSESSMENT

Name: \_\_\_\_\_ Heritage: \_\_\_\_\_ Date: \_\_\_\_\_

*Please circle the appropriate answers below so we can properly assess your skin type.*

### GENETIC DISPOSITION:

Score	0	1	2	3	4
What is the natural color of your eyes?	Light Blue or Green	Gray or Hazel	Blue	Dark Brown	Brownish Black
What is your natural hair color?	Sandy Red	Blonde	Chestnut or Dark Blonde	Dark Brown	Black
What is the color of your untanned skin?	Reddish	Very Pale	Pale	Light Brown	Dark Brown
Do you have freckles?	Many	Several	Few	Incidental	None
<b>Total</b>					

### REACTION TO SUN EXPOSURE

Score	0	1	2	3	4
What happened when overexposed to the sun?	Red Blistering Peeling	Blistering Peeling	Burns Sometimes Peels	Rarely Burns	Never Burns
To what degree does your skin turn brown?	Hardly or Not at All	Light Color Tan	Medium Tan	Tans Easily	Turns Dark Brown Quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very Sensitive	Sensitive	Normal	Very Resistant	No Problem
<b>Total</b>					

### TANNING HABITS

Score	0	1	2	3	4
When was your last exposure to sun, tanning beds or tanning cream?	More than 3 Months	2 to 3 Months	1 to 2 Months	Less than 1 Month	Less than 2 Weeks
Was the treatment area exposed?	Never	Hardly Ever	Sometimes	Often	Always
<b>Total</b>					

### HERITAGE

For <i>Each</i> Parent of African American or East Indian descent <i>add 10 points</i>	10	20
If your heritage is Latin American, Asian-Pacific Islanders, Mediterranean, or Native American <i>add 5 points</i>	5	
<b>Total</b>		

Client Signature: \_\_\_\_\_

*The following is to be completed by Flagstaff Face & Body Staff*

### Fitzpatrick Skin Type:

0 to 8	I
9 to 16	II
17 to 24	III
25 to 30	IV
31 to 34	V
35 and Over	VI

### Summary:

Total for Genetic Disposition	
Total for Reaction to Sun Exposure	
Total for Tanning Habits	
Total for Heritage	
<b>Total</b>	

\* Suntanned skin overrides the Skin Type Score.