

## PRE & POST CARE: PERMANENT MAKEUP FOR LIPS

*It is our goal to ensure that you are satisfied with your permanent makeup results. At first your permanent makeup may appear darker than you expected. Remember that the applied pigment will lighten. It is important that you strictly adhere to the following guidelines prior to and after your procedure for best results. Please feel free to contact Regina if you have any questions or concerns.*

### GUIDELINES FOR ALL PROCEDURES

1. No sun or tanning prior to or after the procedure.
2. Avoid direct shower water on treated area until healed.
3. Do not take aspirin, niacin, vitamin E, or ibuprofen unless medically needed 48 hours prior to procedure. Avoid alcohol and caffeine prior to procedure.
4. Please come to the appointment with a clean face and without makeup.
5. Getting a procedure while on your period can make you hyper sensitive.
6. Avoid extreme exercise prior to or directly after a procedure.
7. Avoid swimming or hot tubs until treated area is healed.
8. Please allow time for the procedure to heal before going on vacation or attending any special events.
9. Use only the ointment that is recommended for after care. If an allergic reaction occurs, please call me with any questions or concerns.
10. Wash hands thoroughly with antibacterial soap before touching the treated area.

**REMEMBER:** Swelling is normal for all procedures. Apply an ice pack for 10 minutes or less. Dry skin, itching, and tenderness on treated areas are normal. These symptoms will stop and vary on an individual basis. If you decide to self-medicate before any procedure (such as taking Benadryl, a relaxant, etc.) you must have a ride home, as this may impair your ability to drive. While Regina will work to keep you as comfortable as possible, she will not provide any medications.

### AFTER CARE INFORMATION FOR LIP PROCEDURES

**DO NOT PICK OR SCRATCH THE TREATED AREA!** This can cause complications, such as scarring, hyper-pigmentation or infection.

### FEVER BLISTERS

If you have ever had a fever blister or cold sore, you will almost certainly break out with fever blisters on your lips after any lip procedure. To help prevent this from occurring, it is absolutely essential that you obtain a prescription for an anti-viral medication and take as prescribed for at least **one week** prior to the procedure. As an alternative to this prescription, you may obtain the amino acid *L-Lysine* from the drug store and take as directed for at least **one week** prior to the procedure. Failure to follow this recommendation may result in a breakout of fever blisters, which may last up to six weeks.



## PIGMENT RETENTION

I sincerely hope that you are one of the very few lucky individuals who get perfect results with only one application of your permanent makeup. However, that is the exception rather than the rule. You will most likely need at least two or three applications for a finished look.

It is extremely difficult to deposit permanent pigment into the tissue of the lips, since the lips do not have pores like the rest of the skin on your face. On average, a permanent lip coloring procedure must be repeated twice after initial application. The second and third applications can be performed at three week intervals; however one month between applications is preferred for maximum effectiveness. Under no circumstances can an application be repeated within a time frame of less than two weeks. The lip tissue is not ready to accept new pigment in such a short period of time.

A few days after your initial pigment application, your lips may appear the same as they were before the procedure or that 50% of the applied pigment has disappeared. The color may even look blotchy. This is due to the fact that the pigment may take in some areas and not in others. This can easily be remedied during the follow up visits. You might feel that you just paid to have your lips colored and have received nothing in return. *This is not the case.* The skin layers beneath the top layer of your lips have been saturated with pigment. After each follow up visit, you will notice a much greater saturation of pigment.

Since each person has a different chemical and genetic makeup, it is impossible to tell in advance how much pigment retention you can expect with each application and how many applications you will ultimately need. I promise to provide 100% pigment saturation with each application, but the amount you retain is unpredictable.

Please remember that the amount of pigment you retain or lose after each application is not a reflection of the quality of work, but a reflection of each individual's chemical and genetic makeup.

## MORE INFORMATION ABOUT SOFTAP™

The Softap™ pigments do not contain any artificial dyes, such as FD&C or D&C dyes. Softap™ has been specifically designed to make lips look fuller and natural.

Softap™ colors are for:

- Clients who have pale lips and want to restore a natural but brighter color.
- Client who have irregular shaped lips and want their same color extended into the skin slightly for balance.
- Clients who want a natural looking lip liner.
- Clients who have very thin lips and want fuller looking lips.

***Please feel free to call us if you have any questions or concerns about this procedure.***

***(928)226-9355***

Patient's Name (Printed): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_