

## PRE & POST CARE: PERMANENT MAKEUP

### FOR EYES

*It is our goal to ensure that you are satisfied with your permanent makeup results. At first your permanent makeup may appear darker than you expected. Remember that the applied pigment will lighten. It is important that you strictly adhere to the following guidelines prior to and after your procedure for best results. Please feel free to contact Regina if you have any questions or concerns.*

### GUIDELINES FOR ALL PROCEDURES

1. No sun or tanning prior to or after the procedure.
2. Avoid direct shower water on treated area until healed.
3. Do not take aspirin, niacin, vitamin E, or ibuprofen unless medically needed 48 hours prior to procedure. Avoid alcohol and caffeine prior to procedure.
4. Please come to the appointment with a clean face and without makeup.
5. Getting a procedure while on your period can make you hyper sensitive.
6. Avoid extreme exercise prior to or directly after a procedure.
7. Avoid swimming or hot tubs until treated area is healed.
8. Please allow time for the procedure to heal before going on vacation or attending any special events.
9. Use only the ointment that is recommended for after care. If an allergic reaction occurs, please call me with any questions or concerns.
10. Wash hands thoroughly with antibacterial soap before touching the treated area.

**REMEMBER:** Swelling is normal for all procedures. Apply an ice pack for 10 minutes or less. Dry skin, itching, and tenderness on treated areas are normal. These symptoms will stop and vary on an individual basis. If you decide to self-medicate before any procedure (such as taking Benadryl, a relaxant, etc.) you must have a ride home, as this may impair your ability to drive. While Regina will work to keep you as comfortable as possible, she will not provide any medications.

### GUIDELINES FOR EYEBROW PROCEDURES

1. Bring your favorite eyebrow pencil. Please come to appointment without make up on.
2. If you wax or tint your eyebrows, have done 72 hours prior to procedure. If you plan to wax or tint your eyebrows, wait for two weeks after procedure for healing to occur. Regular makeup can be worn 72 hours after procedure.
3. **DO NOT RUB, SCRATCH OR PICK AT YOUR EYEBROWS!** Let any residual pigment come off naturally. Apply ointment for 7 to 10 days. Use a small amount twice daily.
4. Blank areas of pigment may occur. This is normal and will be corrected at follow-up appointment.

Below are some common, but temporary reactions that might occur following your eyebrow procedure. These reactions are normal and will disappear as you heal. **\*\*It is especially important to prevent infection of the treated area. Wash hands thoroughly before touching or applying ointment to the treated area.**

- Dryness, itching, tenderness, and/or redness in the treatment area.
- After the first application, there might be 'bald spots' on the skin where the pigment did not take. This is a normal condition after the first appointment. It will be corrected during the second session.



## GUIDELINES FOR EYELINER PROCEDURES

1. Do not wear your contact lenses. Bring your glasses. Clean contacts can be worn 72 hours after the application of the eyeliner. Makeup can be worn 72 hours after procedure. Please come to appointment without makeup. Please buy a new tube of mascara to use after eyeliner applications.
2. Do not use oily makeup remover, baby oil, mineral oil or heavy creams. Especially glycol. My preference is Almay non-oily makeup remover pads, Cetaphil, or Ponds non-oily formula.
3. Eyelash tinting or eyelash penning must be done 72 hours prior to procedure and may be done two weeks following the procedure.
4. DO NOT RUB, SCRATCH OR PICK AT YOUR EYES! Let any residual pigment come off naturally.
5. Use after care ointment for only three days. Apply a small amount twice a day to keep area moist.

Below are some common, but temporary reactions that might occur following your eyeliner procedure. These reactions are normal and will disappear as you heal. **\*\*It is especially important to prevent infection of the treated area. Wash hands thoroughly before touching or applying ointment to the treated area.**

- Eye lashes stick together after waking in the morning.
- Puffy, red eyelids with slight bruising for two or three days.
- Itching or tenderness in the eye area.
- It is normal for the lower eyeliner to actually disappear after the first application. This condition can be caused by quick healing or swelling of the area, histamine production (which can reject the pigment), and the Arizona climate (which can cause evaporation and fast drying out of pigment).

***Please feel free to call us if you have any questions or concerns about this procedure.***

***(928)226-9355***

Patient's Name (Printed): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_