

POST CARE: MICRODERMABRASION

GENERAL INFORMATION

Makeup may be applied after the treatment if necessary.

Skin may feel wind burned and tight for 1-2 days after the treatment.

You may experience dryness and peeling for 1-2 days after the treatment.

The moisturizer recommended to you by a technician should be applied frequently after treatment.

The following timelines are approximate and precautions should be extended beyond the recommended time if skin remains sensitive.

FOR 72 HOURS AFTER TREATMENT

Discontinue use of any Alpha or Beta Hydroxy, Salicylic Acid/Salicylate, Retin-A or Glycolics.

Use warm or tepid water on area treated; do not use hot water.

Do not submerge area treated in chlorinated pool or hot tub water.

FOR 10 – 14 DAYS AFTER TREATMENT

Stay out of direct sunlight.

If you must be outdoors, use a sunscreen at a minimum of SPF 30.

Do not have any other skin treatment, microdermabrasion or chemical peel unless you are instructed otherwise by a technician.

Do not receive waxing, Botox®, collagen treatments or any other injectable.

Avoid using tanning booths.

AFTERCARE TREATMENT: AS NEEDED TO SOOTH IRRITATION

1. Compress - Mix 1 Tablespoon of vinegar with 2 cups tepid water and apply to treated area as necessary.
2. Ice Pack - Apply as needed.
3. Antioxidants - Apply for soothing and hydration of the skin.

PLEASE CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS OR CONCERNS. (928)226-9355

Patient's Name (Printed): _____

Signature: _____ Date: _____

Staff Signature: _____ Date: _____