

BODY WRAP CONSENT FORM



The M'lis Professional Contour Body Wrap promotes detoxification and improves overall health. **Please read the following carefully prior to receiving a M'lis Contour Body Wrap:**

- DO start taking M'lis **Cell-U-Rid** capsules at least one week prior to starting a wrap series.
- DO drink a minimum of 1/2 your body weight in ounces of water each day at least 1 week prior to receiving first body wrap. Continue this habit forever!
- DO ensure that you practice a healthy lifestyle of exercise and proper diet to maintain the inches lost. Avoid processed foods, caffeine, white sugar and white flour.
- DO use the M'lis **Maintain** Anti-Cellulite lotion each day after a bath or shower to enhance results.
- DO ensure that you perform enzymatic exfoliation at home 3 times per week using the M'lis **Body Buff**.
- DO ensure that your technician performs an enzymatic exfoliation prior to receiving wrap.
- DO consider completing an internal M'lis **Detoxification Program** to enhance cellulite reduction and inch loss. Ask your technician for more information.
- **DO NOT allow yourself to be wrapped if you: are pregnant or nursing, have had cancer in the past 2 years, have a heart condition (specifically conditions requiring Coumadin), or have epilepsy.**
- DO NOT use any tanning creams, B vitamins or niacin containing products at least 2 days prior to your wrap.
- DO NOT use any moisturizing lotions or creams the day of your wrap.
- DO NOT drink anything for 1 hour before your wrap to ensure you will not need to use the restroom .
- DO NOT shave the day of your wrap.
- DO NOT shower for 6-8 hours after receiving your M'lis Contour Body Wrap.

During the wrap, the skin will most likely appear pink or red and will feel warm and tingly. This is normal. This is the skin's natural response to niacin and is a sign of increased circulation. If a reaction such as a rash or hives occurs during or after a treatment you may be experiencing a build up of niacin from other niacin containing products. If this happens, it is recommended that you complete an internal detoxification program prior to receiving another wrap. If a more intense or unusual reaction occurs, please contact your body wrap professional for more information.

1) I hereby acknowledge that the products and services were explained to me in full and I understand the Do's and Don'ts of the M'lis Contour Wrap. I understand that I may have a reaction to one or more of the ingredients in the M'lis Contour Cream which may result in a hive type rash.

2) If under a doctor's care and I use this information, products and/or services without my doctor's approval, I am assuming full responsibility and hereby fully and forever release The M'lis Company and _____ from any or all liability.

3) I am of lawful age and have read and fully understand the contents of this document and the complete terms and conditions herein. This agreement contains the complete agreement between the parties and no other guarantees or refunds will be given on products or services.

Signature _____ Date _____

Parent/Guardian Signature _____